




**Is Less Becoming More  
 in Radiation Therapy?**

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 Director, Cardinal Bernardin Cancer Center

**Disclosures**

- Zeiss Speaker's Bureau
- Merck Advisory Board
- Varian Advisory Board

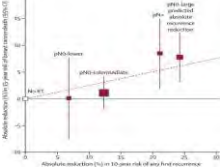



**SOME BREAST CANCER PATIENTS MAY NOT  
 NEED RADIOTHERAPY**




**Background**

- Multiple randomized trials have demonstrated that RT after breast conserving surgery (BCS) substantially improves the local control of invasive breast cancer
- The EBCTCG has shown that the reduction in recurrence afforded by RT also provides a modest survival benefit
- Not all subgroups attain the same absolute benefit from RT, and survival benefit appears restricted to those with a larger absolute reduction in recurrence risk from RT of >10-20%

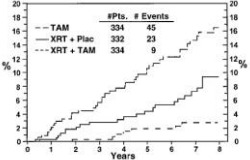



**Background**

- Given the burden of toxicity and cost of RT, several studies have been undertaken to identify a sufficiently low-risk population of patients in whom omission of RT after BCS may be safely considered
- Prospective historical studies seeking to identify subgroup of low risk patients based upon clinicopathologic characteristics alone have been unsuccessful:
  - **Harvard prospective study:** T1N0 invasive cancers with wide excision only showed 7-yr LRR of 23%
  - **Finnish trial:** T1N0 patients with segmental resection only showed 12-year LRR of 27%




**NSABP B-21:  
 T1 (≤ 1 cm) N0, BCS +ALND: RT vs. Tam vs. RT+Tam  
 8 Year In-Breast Tumor Recurrence**



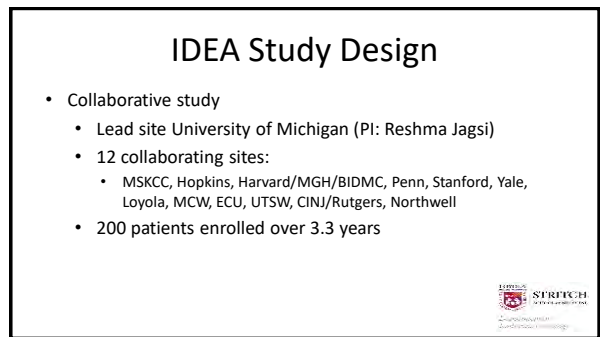
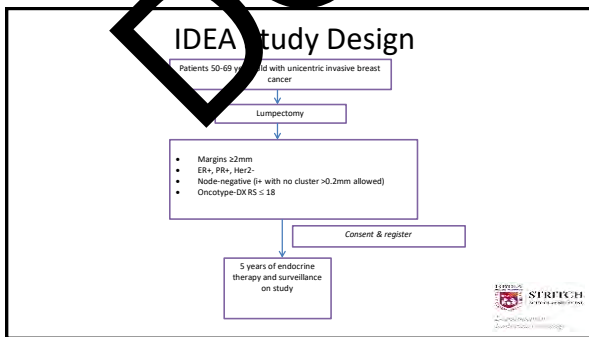
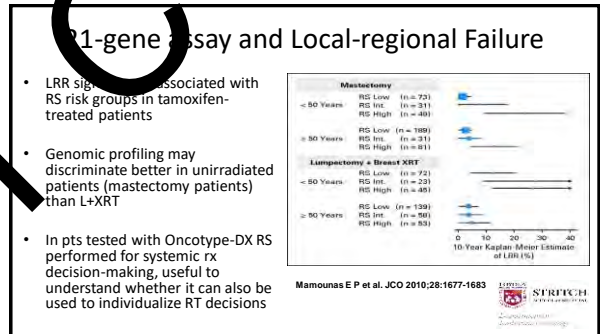
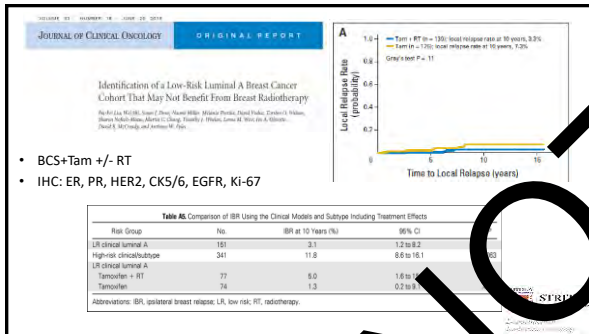
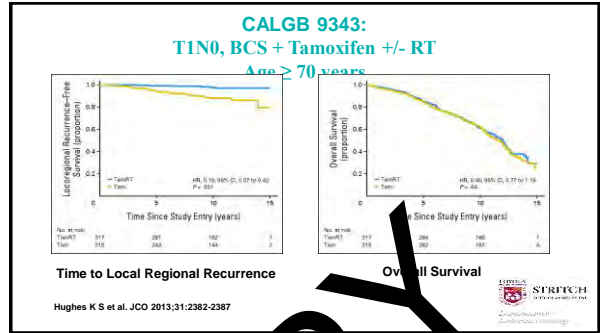
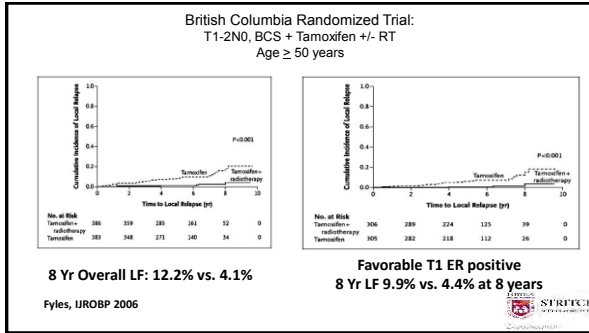
Group	IPis	# Events
TAM	334	45
XRT + Plac	332	23
XRT + TAM	334	9

Fig 1. Cumulative incidence of 8YR after treatment with TAM, XRT and placebo, or XRT and TAM. Pairwise comparisons: TAM v placebo: P = .006; TAM v XRT = TAM: P < .0001; XRT v placebo v XRT + TAM: P = .01.

Fisher, JCO 2002



DO NOT COPY



## Interim Analysis Plan

- After 400 person-years of follow-up, planned analysis to confirm, using a Bayesian statistical design, that accumulating data do not suggest with high confidence that the 5-year LRR is 6% or greater
- Conducted in February 2019



## Patient Characteristics

- Mean age 62 years
- Mean tumor size 9.9 mm (Range 0.8 – 20 mm)
- Mean Oncotype-DX RS = 11
- MRI obtained in 33%
- Estrogen receptor+ 100%
- Progesterone receptor+ 100%
- Her2 negative 100%
- pN0 100%
- Histology Ductal 87.5%
- Lobular 12.5%
- Grade 1 42.5%
- Grade 2 54.5%
- Grade 3 3%
- No LVI 85.5%



## Results

- 200 eligible patients enrolled between 06/15 and 10/18
- At 400 person-years of follow-up planned interim analysis:
  - Median f/u = 1.9 years (Mean =2 years; Range 0.5 to 3.8 years)
  - No disease recurrences (at any site) or patient deaths had been observed
- 11 patients (5.5%) discontinued endocrine therapy prior to the 5 years of therapy planned



## Implications

- In this first report of a U.S. multicenter study using a genomic assay to select biologically low-risk patients for omission of RT after BCS, no concerning findings have emerged at first planned interim analysis
- Accrual occurred as targeted, strongly suggesting patient and provider interest in this approach
- Locoregional failures not yet observed
- Vast majority of patients continued prescribed endocrine therapy
- Long-term follow-up of this cohort and continued accrual to similar trials is important



## Ongoing trials investigating omission of RT after lumpectomy for invasive breast cancer

- Prospective Cohort Studies:
  - LUMINA (OCOG): Age > 55, T1N0, ER>1% PR>20% Her2-, > 1mm margin
  - PRECISION (DFCI): Age 50-75, T1N0, ER>10% PR+ Her2-, no tumor on ink, PAM50 low
  - UK PRIMETIME: 2400 pts, Stage IA aged 60+, very low risk IHC4+C score
- RCTs:
  - ANZ 1601 (EXPERT): 1170 pts w luminal A disease (PAM50 ≤60) to be randomized
  - NRG DEBRA Trial (in development)



## Future Directions

- Many patients treated with RT for early stage breast cancer do not benefit yet still experience treatment related costs and toxicity
- Understanding tumor biology may finally allow us to define which women can safely be spared the morbidity and burden of any RT
- Biologically favorable breast cancer is a common presentation, and the Radiation Oncology community is taking important steps towards transforming how we approach these patients with these trials
- Our ultimate goal is to determine which women benefit from radiation treatment and what that treatment should be



Can Response to Neoadjuvant  
Therapy Predict a Low Risk of  
Recurrence and the Ability to Avoid  
RT?

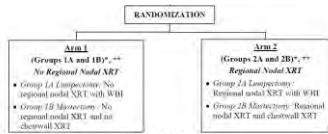


NSABP PROTOCOL B-51/RTOG PROTOCOL 1304  
ClinicalTrials.gov NCT#01872975

A Randomized Phase III Clinical Trial Evaluating Post-Mastectomy Chestwall and  
Regional Nodal XRT and Post-Lumpectomy Regional Nodal XRT in Patients with  
Positive Axillary Nodes Before Neoadjuvant Chemotherapy Who Convert to  
Pathologically Negative Axillary Nodes After Neoadjuvant Chemotherapy

**Primary Objective:**  
To evaluate whether the addition of chestwall + regional nodal XRT after mastectomy or breast + regional nodal XRT after breast conserving surgery will significantly reduce the rate of events for invasive breast cancer recurrence-free interval (IBC-RFI) in patients who present with histologically positive axillary nodes but convert to histologically negative axillary nodes following neoadjuvant chemotherapy.

Estimated Enrollment: 1636 participants  
Study Start Date: August 2013  
Estimated Primary Completion: July 2023  
Estimated Completion Date: August 2028



\* Patients will be randomized to one of the following:

- **Arm 1**
  - Radiation therapy for Group 1A: Whole breast irradiation + boost
  - No radiation therapy for Group 1B
- **Arm 2**
  - Radiation therapy for Group 2A: Whole breast irradiation + boost and regional nodal irradiation.
  - Radiation therapy for Group 2B: Chest wall and regional nodal irradiation.

\*\* All patients will receive additional systemic therapy as planned (i.e., endocrine therapy for patients with hormone receptor-positive breast cancer and anti-HER2 therapy for patients with breast cancer that is HER2-positive).



Regional Radiotherapy in Biomarker Low Risk Node Positive Breast Cancer  
(TAILOR RT)

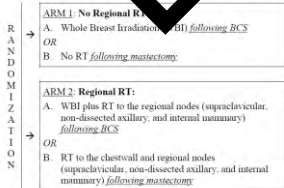
ClinicalTrials.gov: NCT03488693

**Primary Objective**  
To compare the breast cancer recurrence-free interval (BCRFI) between patients that received regional RT or not, defined as time from randomization to time of invasive recurrent disease in the ipsilateral chestwall, breast, regional nodes, distant sites or death due to BC.

Estimated Enrollment: 2140 participants  
Study Start Date: May 2018  
Estimated Primary Completion: September 2027  
Estimated Completion Date: December 2027



The study population consists of women with newly diagnosed biomarker low risk node positive breast cancer with no evidence of metastases that have been treated by mastectomy or BCS.



N = 2140 patients



Follow-up at 6 months, then annually after randomization for recurrence and toxicity

HYPOFRACTIONATION



With the publication of multiple trials and Recent ASTRO Guidelines – “Standard” Whole breast radiation is now 3 – 4 weeks compared to historically 5 – 7 weeks

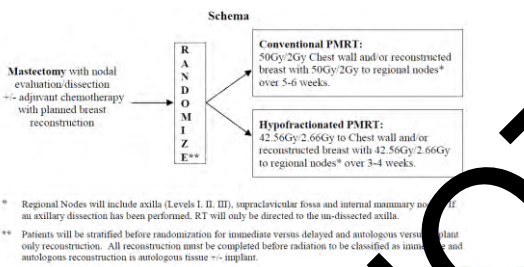
**RT CHARM: PHASE III RANDOMIZED TRIAL OF HYPOFRACTIONATED POST MASTECTOMY RADIATION WITH BREAST RECONSTRUCTION**  
ClinicalTrials.gov: NCT03414970

**Primary Objective**  
To evaluate whether the reconstruction complication rate at 24 months post radiation is non-inferior with hypofractionation.

**Estimated Enrollment:** 880 participants  
**Study Start Date:** February 2018  
**Estimated Primary Completion:** October 2021  
**Estimated Completion Date:** August 2025



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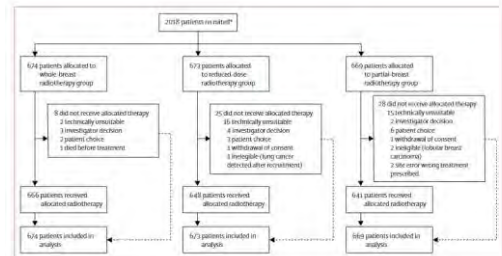


## Partial Breast Radiation

### Partial-breast radiotherapy after breast conservation surgery for patients with early breast cancer (UK IMPORT LOW trial): 5-year results from a multicentre, randomised, controlled, phase 3, non-inferiority trial

Charlotte E. Coles, Clare L. Griffin, Anna M. Kirby, Jeremy Tiley, Rajiv K. Agrawal, Abdulla Alhussien, Indrani S. Dhathatharaja, Adrian M. Durrant, Laura Cusack, Charles Chen, Ellen M. Donovan, Marie A. Emson, Adrian N. Hammett, Joanne S. Howland, Penelope Hopwood, Monica L. Jeffrey, Ronald Kaggwa, Elmar J. Sanyal, Isabel Syddikus, Yut M. Tsang, Duncan A. Whitlock, Maggie Wilcox, John R. Yarnold\*, Judith M. Bliss\*, on behalf of the IMPORT Trialists

Lancet 2017; 390: 1048-60



**Figure 2 - Trial profile**  
\*Two patients withdrew consent for any of their data to be used in the analysis.

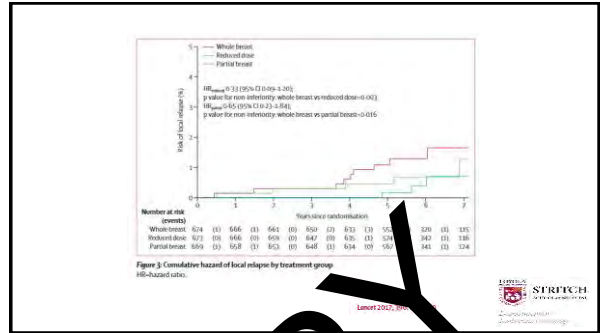
Lancet 2017; 390: 1048-60



	Cumulative number of events, n/N (%)	5-year cumulative incidence, % (95% CI)	Hazard ratio* (95% CI)	p-value†
<b>Local relapse</b>				
Whole breast	5/674 (1%)	3.1% (0.5-2.3)	1	—
Reduced-dose	3/673 (1%)	0.2% (0.02-1.2)	0.33 (0.05-2.0)	0.677
Partial breast	4/468 (1%)	0.5% (0.2-1.4)	0.45 (0.23-0.84)	0.426
<b>Local-regional relapse</b>				
Whole breast	5/674 (1%)	3.1% (0.5-2.3)	1	—
Reduced-dose	3/673 (1%)	0.2% (0.02-1.2)	0.33 (0.05-2.1)	0.677
Partial breast	4/468 (1%)	0.9% (0.2-1.6)	0.88 (0.34-2.2)	0.761
<b>Distant relapse</b>				
Whole breast	13/674 (2%)	3.4% (0.7-2.6)	1	—
Reduced-dose	39/673 (1%)	1.5% (0.8-2.8)	0.77 (0.34-1.7)	0.525
Partial breast	12/468 (2%)	3.4% (0.8-2.9)	0.92 (0.42-2.0)	0.838
<b>Any breast cancer-related event</b>				
Whole breast	33/674 (5%)	3.7% (1.5-5.4)	1	—
Reduced-dose	24/673 (4%)	3.4% (2.2-5.1)	0.72 (0.41-1.2)	0.323
Partial breast	32/468 (5%)	4.4% (2.8-5.9)	1.90 (0.92-3.6)	0.082
<b>All-cause mortality</b>				
Whole breast	40/674 (6%)	5.0% (3.6-7.0)	1	—
Reduced-dose	39/673 (6%)	4.1% (3.0-5.5)	0.81 (0.52-1.0)	0.383
Partial breast	32/468 (6%)	3.7% (2.5-5.4)	0.71 (0.51-1.0)	0.053

\*Hazard ratios of fraction 1.0 favor the experimental group. †Two-sided test, for each experimental group compared with whole-breast radiotherapy.

Table 2: Relapse and mortality by treatment group.



**Abstract GS4-04: Primary results of NSABP B-39/RTOG 0413 (NRG Oncology): A randomized phase III study of conventional whole breast irradiation (WBI) versus partial breast irradiation (PBI) for women with stage 0, I, or II breast cancer**

FA Naran, SD Cozzetto, JR White, TB Julian, DW Arora, SA Babiarz, DR Kavalin, DS Parada, RA Clark, MF Scheel, CA Tenover, S Park, HA Konecni, LA Velasco, LI Perera, EP Mamounas, JP Costantino, HD Sene, J Germaine, G Gustafson, J Grossman, SA Pateras, RS Muzik, WJ Curran, Jr., and N Wolmark.

**Primary Aim:** to determine if PBI provides equivalent local tumor control post lumpectomy compared to WBI in pts with early-stage breast cancer.

The equivalence test was based on a 50% margin of increase in the hazard ratio (HR) for local relapse. Secondary endpoints included: overall survival (OS), recurrence-free interval (RFI), distant disease-free interval (DDFI), and toxicity.

Cancer Research, February 2019, Volume 79, Issue 4 Supplement  
Abstracts: 2018 San Antonio Breast Cancer Symposium, December 4-8, 2018, San Antonio, Texas

**Methods:**

- Eligible pts had lumpectomy with histologically-free margins and 0-3 positive lymph nodes.
- Pts were stratified by stage, menopausal status, hormone receptor status, and intent to receive chemotherapy and then randomized to PBI or WBI.
- PBI was 10 fractions of 3.4-3.85 Gy, given twice daily with either brachytherapy or 3D external beam radiation.
- WBI was 50 Gy in 2 Gy fractions given daily with a sequential boost to the surgical cavity. Follow-up was every 6 mos for 5 yrs and then annually. All analyses were by intent-to-treat.

Cancer Research, February 2019, Volume 79, Issue 4 Supplement  
Abstracts: 2018 San Antonio Breast Cancer Symposium, December 4-8, 2018, San Antonio, Texas

**Results:**

From 3-21-05 to 4-1-18, 4216 pts were randomized:

- 2107 PBI; 2109 WBI
- 61% were postmenopausal; 81% were hormone receptor-positive; 29% intended to receive chemotherapy.

**Stage distribution:**

- DCIS, 24%;
- invasive pN<sub>0</sub>, 65%;
- invasive pN<sub>1</sub>, 10%.

**As of 7-31-18, median follow-up was 10.2 yrs:**

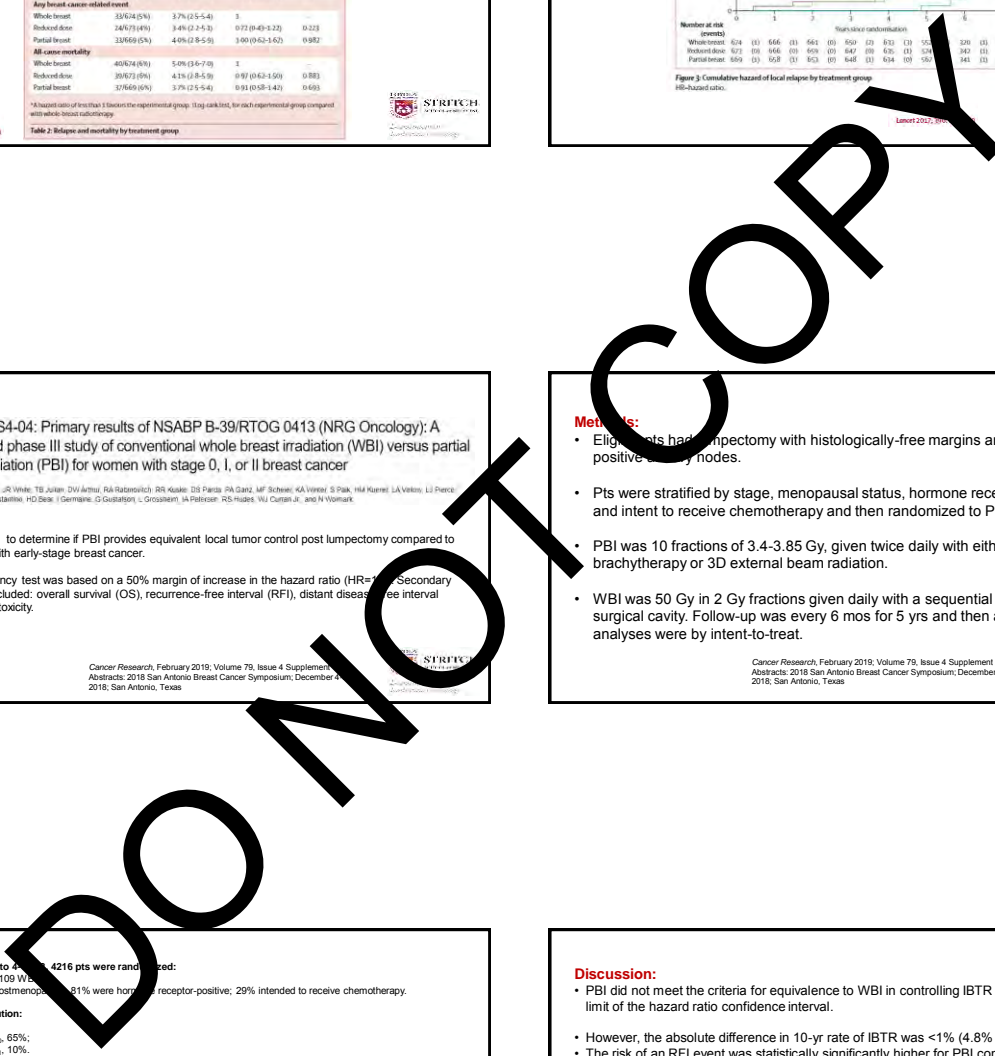
- 161 IBTRs as first events; 90 PBI v 71 WBI (HR 1.22; 90% CI 0.94-1.58).
- Per protocol-defined margin, to declare PBI and WBI equivalent regarding IBTR risk, the 90% CI for the observed HR had to lie entirely between 0.667 and 1.5.
- The percent of pts IBTR-free at 10 yrs was 95.2% PBI v 95.9% WBI.
- A statistically significant difference in the 10-yr RFI rate favored WBI (91.9% PBI v 93.4% WBI; HR 1.32; 95% CI 1.04-1.68; p=0.02).
- No statistically significant differences existed between PBI and WBI in DDFI (HR 1.31; 95% CI 0.91-1.91; p=0.15), OS (HR 1.10; 95% CI 0.90-1.35; p=0.35), or DFS (HR 1.12; 95% CI 0.98-1.29; p=0.11).
- Grade 3 toxicity was 9.6% PBI v 7.1% WBI, and grade 4-5 toxicity was 0.5% v 0.3%, respectively.

Cancer Research, February 2019, Volume 79, Issue 4 Supplement  
Abstracts: 2018 San Antonio Breast Cancer Symposium, December 4-8, 2018, San Antonio, Texas

**Discussion:**

- PBI did not meet the criteria for equivalence to WBI in controlling IBTR based on the upper limit of the hazard ratio confidence interval.
- However, the absolute difference in 10-yr rate of IBTR was <1% (4.8% PBI v 4.1% WBI).
- The risk of an RFI event was statistically significantly higher for PBI compared to WBI, but the absolute difference in 10-yr RFI rate was also small (8.1% PBI v 6.6% WBI).
- DDFI, OS, and DFS were not statistically different for PBI v WBI.
- Grade 3-5 toxicities, although low, were more common for PBI than WBI.
- The trial population was heterogeneous, ranging from Stage 0-2 breast cancer, and outcome by risk categories are being analyzed.

Cancer Research, February 2019, Volume 79, Issue 4 Supplement  
Abstracts: 2018 San Antonio Breast Cancer Symposium, December 4-8, 2018, San Antonio, Texas



What about a single dose of  
Radiation at the Time of Surgery?



**TARGIT-A**

William Small Jr., MD, FACRO, FACP, FASTRO  
Professor and Chairman  
Department of Radiation Oncology  
Stritch School of Medicine, Loyola University Chicago

Lancet 2010; 376: 91-102  
Published Online  
June 5, 2010  
DOI:10.1016/S0140-6736(10)60837-9

**Targeted intraoperative radiotherapy versus whole breast radiotherapy for breast cancer (TARGIT-A trial): an international, prospective, randomised, non-inferiority phase 3 trial**

Jagat S Vaidya, David J Joseph, Jeffrey S Tobias, Max Bukhara, Frederik Wenz, Christobel Saunders, Michael Alvardo, Henrik L Flyger, Sarah Missiakin, Wolfgang Eiermann, Mohammed Kechagar, John Dewar, Uta Kraus-Tiefenbacher, Marc Sztetler, Laura Esserman, Helle M R Halvborg, Stefania Boncinelli, Steffi Pignorsch, Marina Metaxas, Mary Falzon, April Matthews, Tammy Garcia, Norman R Williams, Michael Baum


2012

Country	1	2	3	4
Denmark	0	497	13	510
Spain	34	342	9	385
Austria	282	4	18	304
France	219	48	7	274
United Kingdom	251	0	0	251
Italy	190	29	10	229
USA	177	0	0	177
Sweden	88	15	0	113
Canada	101	13	5	129
London RPA/Whittington	88	9	1	108
London RPA	89	0	0	89
Whittington	16	4	1	21
Tromsø	101	1	4	106
Munich LMU	88	0	2	100
Padova	84	0	0	94
USC	58	10	7	75
Nantes	87	0	0	87
Hamburg	82	1	1	84
Zurich BZS	59	0	0	59
Empi	56	1	0	57
Berlin GSK	54	0	0	54
Frankfurt	42	0	2	44
Ludwig	42	0	0	42
Zurich USZ	37	0	0	37
NY Brookline	35	0	0	35
Hannover	25	0	0	25
Geneva	23	0	1	24
London GBT	3	18	0	21
Halaskka	2	18	0	20
Indiana	4	0	2	6
Virginia	11	0	0	11
Madison	0	8	0	8
NY Dobbs Ferry	4	0	0	4
London HSE	3	0	0	3
Bordeaux	1	0	0	1
Spain	111	111	11	233

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**Eligibility**

- 45 years and older
- Unifocal invasive ductal carcinoma
- Further external beam given if:
  - Invasive lobular
  - EIC
  - Adverse Criteria
    - Decided at each center
    - Grade 3
    - LN involvement
    - LVSI



**Margins**

- If positive re-excite and EBRT




### COMPLICATIONS

Number of complications


	TARGET	EBRT
None	917	946
Any	196 (17.6%)	174 (15.4%)

Chi sq = 1.74  
p = 0.19



### Clinically important wound complications


	TARGET	EBRT
Hematoma requiring surgical evacuation	11 (0.99%)	7 (0.63%)
Seroma requiring more than 3 aspirations	23 (2.07%)	9 (0.8%)
Infection requiring intravenous antibiotics or surgery	20 (1.9%)	14 (1.3%)




### Clinically significant toxicity

	TARGET	EBRT
Wound breakdown	31 (2.8%)	21 (1.9%)
RTOG grade 3 toxicity	6 (0.54%)	23 (2.1%)
Clinically significant toxicity	37 (3.3%)	44 (3.9%)


P=0.44




- ### Final Accrual
- 3,451 patients were entered from 33 centers in 10 countries from 2000 – 2012.
  - 1,730 EBRT
  - 1,721 TARGIT
  - Median follow-up 2.4 years
- 

### General Characteristics

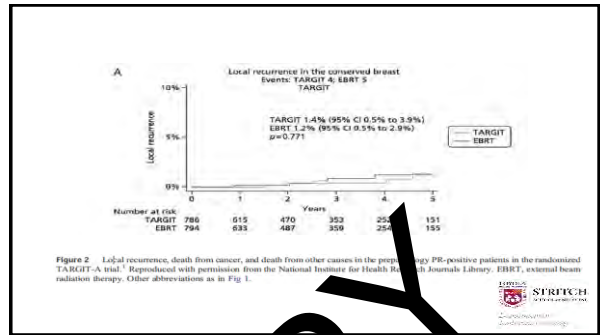
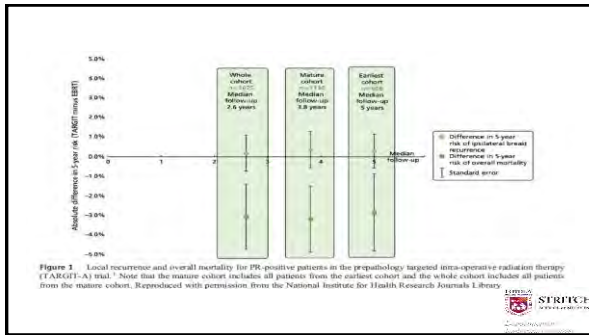
Duration	2000-2013
Patients	3451
Screen Detected	~ 75%
Age	~ 40% below 60 years
Tumor Size	87% up to 2cm
Tumor Grade	~15 % Grade 3
LN Metastasis	~ 20% Node Positive



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**Intraoperative radiotherapy versus external radiotherapy for early breast cancer (ELIOT): a randomised controlled equivalence trial**

Umberto Veronesi, Roberto Dicicchio, Patrizia Maisonnave, Gianpiero Viale, Nicole Bortugno, Claudio Scoggiani, Alberto Lilli, Paolo Veronesi, Viviana Gobbi, Stefano Zurrida, Maria Cristina Leonardi, Roberto Iazzoni, FedERICA Cattani, Cesare Gentilini, Mattia Intra, Pietro Caldarola, Bettina Bollaudo

Lancet Oncol 2013; 14: 1269-77  
Published Online  
November 13, 2013  
[http://dx.doi.org/10.1016/S1473-2045\(13\)70497-2](http://dx.doi.org/10.1016/S1473-2045(13)70497-2)

**ELIOT TRIAL**

- 1305 patients randomized
- Median follow-up 5.8 years.
- 5-year ipsilateral breast recurrence rate 4.4% vs. 0.4%.
- No difference in survival.

A subgroup analysis of good risk patients noted a 1.5 % local recurrence rate.

Questions?